

M.A.B.A.S. Division 20

Honor Guard

Firefighter Kelly Ann Johnson

2010 Annual Report

M.A.B.A.S. Division 20 Honor Guard Team

The MABAS Division Twenty Honor Guard was formed in April 2004 by Lt. Doug Halverson. The premise for establishing the Honor Guard was to ensure that all members of MABAS Twenty departments were afforded Honors at their funeral regardless of membership in a union. Just two weeks after the first meeting, and before a training program was even established, MABAS Twenty suffered a Line of Duty Death. Lt. Jeff Bergstrom of the Stone Park Fire Department was killed in a vehicle crash while responding to a structure fire in a neighboring town. With only 3 members of the newly formed honor guard having prior experience, the Honor Guard trained almost non-stop for 72 hours through the night and rain in order to perform the funeral for Lt. Bergstrom in a manner that rendered honor to his service to the division.



Before a training program was even established, MABAS Twenty suffered a Line of Duty Death. Lt. Jeff Bergstrom of the Stone Park Fire Department was killed in a vehicle crash while responding to a structure fire in a neighboring town.



The Honor Guard is formed from representatives from each of the 19 towns that comprise MABAS Division Twenty. The experience of the Bergstrom funeral taught the Honor Guard that it necessary to maintain a high level of training at all times in order to remain prepared in the event they will be called upon to perform a funeral for one of their own. As a way of maintaining the highest level of skill required, the Honor Guard began participating in Honor Guard competitions. These competitions require the unit to practice and execute their duties at a level above and beyond that required during a line of duty death service.

M.A.B.A.S. Division 20 Honor Guard



M.A.B.A.S. Division 20 Honor Guard Team receives first place in the 2010 National Fire Department Honor Guard Competition in Indianapolis at the FDIC International Conference.



Lieutenant Jonathan Hoadley and Firefighter Kelly Ann Johnson are members of the M.A.B.A.S. Division 20 Honor Guard Team.

During the practicing for the competitions, the Honor Guard drill team was formed. The drill team receives extra training and equipment that allow them to perform at a level in the best tradition of military and civilian honor guards throughout history. In 2008 the Drill Team competed in the National Fire Department Honor Guard competition held in Indianapolis during FDIC, an international conference for the fire service. Placing fourth overall after several controversial calls by the judges, the Drill Team refocused its efforts and returned to win 2nd place in 2009. Not satisfied with 2nd place they returned again in 2010 to win the national title and look forward to defending their standing in 2011.

In addition to performing at competitions, the Honor Guard has performed Honor Guard duties at dozens of wakes and funerals throughout the division, 9-1-1 memorial services, parades, and fundraisers. The unit has also been deployed to aid other fire departments around the State by performing funeral honors for their line of duty deaths, as well.

In addition to the above duties, Captain Glen Busch, Honor Guard Commander, is a founder and lead instructor for the Regional Honor Guard Academy in Elmhurst, Illinois. This academy teaches Fire, EMS and Police Departments the techniques and standards of the Honor Guard to units from around the country and Canada. Lt Doug Halverson and Lt. Josh Hintz have recently begun to instruct at the academy as well, making the MABAS Twenty Honor Guard one of the largest participating units in the nation.

In recognition of their efforts and successes throughout the years, the members of the Honor Guard Drill Team were awarded the first issuance of the MABAS Twenty Meritorious Service Medal in December of 2010 by unanimous vote of the Fire Chiefs Association. The members receiving this award were, Captain Glen Busch, Hillside F.D, Lt Doug Halverson, Franklin Park F.D., Lt Josh Hintz, Leyden Fire Protection District, FF/PM Kelly Johnson, Broadview F.D., FF Pat Quinn, Schiller Park F.D., and FF Don Mitchell of the Berkeley F.D.

2011 promises continued success for the MABAS Division Twenty Honor Guard. The Honor Guard will continue to serve their fellow brother and sister firefighters, the surrounding community, and to those places where we are called upon.

Respectfully submitted,

Kelly Ann Johnson
Firefighter/Paramedic



Lieutenant John Armstrong applies the AED pads to the manikin during a training drill.

Broadview Fire Department

teaches the

Friends and Family, Heartsaver AED and Healthcare Provider

Broadview Fire Department CPR Classes

Firefighter Matthew Borch

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Cardiopulmonary Resuscitation (CPR) is an emergency procedure which is attempted in an effort to return life to a person in cardiac arrest. It is indicated in those who are unresponsive with no breathing or only gasps. It may be attempted both in and outside of a hospital.

CPR involves chest compressions at a rate of at least 100 per minute in an effort to create artificial circulation by manually pumping blood through the heart. In addition the rescuer may provide breaths by either exhaling into their mouth or utilizing a device that pushes air into the lungs. The process of externally providing ventilation is termed artificial respirations. Current recommendations place emphasis on high quality chest compressions over artificial respirations and a method involving only chest compressions is recommended for untrained rescuers.





**Broadview Fire
Department
provides CPR
Training.**

**Contact FF. Matthew
Borch at 708
-343-6124**

CPR alone is unlikely to restart the heart; its main purpose is to restore partial flow of oxygenated blood to the brain and heart. It may delay tissue death and extend the brief window of opportunity for a successful resuscitation without permanent brain damage. An administering of an electric shock to the heart, termed defibrillation, is usually needed to restore a viable or "perfusing" heart rhythm. Defibrillation is only effective for certain heart rhythms, namely [ventricular](#) fibrillation or [pulse less ventricular](#) tachycardia, rather than asystole or [pulse less](#) electrical activity. CPR may however induce a shock able rhythm. CPR is generally continued until the person regains [return of spontaneous](#) circulation or is declared dead.

In 2010, the American Heart Association updated their CPR guidelines. The importance of high quality CPR (sufficient rate and depth without excessively ventilating) was emphasized. The order of interventions was changed for all age groups except newborns from airway, breathing and chest compressions, An exception to this recommendation is for those who are believed to be in a respiratory arrest (drowning, etc.).

A universal compression to ventilation ratio of 30:2 is recommended for adult and in children and infant if only a single rescuer is present. If at least 2 rescuers are present a ratio of 15:2 is preferred in children and infants. In newborns a rate of 3:1 is recommended unless a cardiac cause is known in which case a 15:2 ratio is reasonable. If an advanced airway such as an endotracheal tube or airway mask is in placed delivery of respirations should occur without pauses in compressions at a rate of 8-10 per minute. The recommended order of interventions is chest compressions, airway, breathing or CAB in most situations. With a compression rate of at least 100 per minute in all groups. Recommended compression depth in adults and children is about 5 cm (2 inches) and in infants it is 4 cm (1.5 inches). As of 2010 the American Heart Association still recommends ABC for children. As it can be difficult to determine the presence or absence of a pulse the pulse check has been removed for lay providers and should not be performed for more than 10 seconds by health care providers. In adults rescuers should use two hands for the chest compressions, while in children they should use one, and with infants two fingers (index and middle fingers).

CPR Training is available at the Broadview Fire Department. Classes can be taught at the fire department and at local business in town. Classes available are, Friends and Family, Heartsaver AED and Healthcare Provider. No charge for residents, twenty-five dollars for non-residents. Please call FF/PM Matt Borch at (708) 343- 6124 to register for the next class.

Respectfully submitted,

Matt Borch
Firefighter/Paramedic